



# Allergens Spring 2021

| Product Name                | Celery | Cereals (gluten) | Shellfish / Molluscs | Eggs | Fish | Lupin | Milk | Mustard | Nuts | Peanuts | Sesame | Soya | Sulphur Dioxide |
|-----------------------------|--------|------------------|----------------------|------|------|-------|------|---------|------|---------|--------|------|-----------------|
| Cull Yaw Chop               |        |                  |                      |      |      |       |      |         |      |         |        |      |                 |
| Heritage Potatoes           |        |                  |                      |      |      |       |      |         |      |         |        |      | x               |
| Griddle Mushrooms           |        |                  |                      |      |      |       | x    |         |      |         |        |      | x               |
| Goat Shoulder               |        |                  |                      |      |      |       |      |         |      |         |        |      | x               |
| Squash Hummus & Flatbread   |        | x                |                      |      |      |       | x    |         |      |         | x      |      |                 |
| Beetroot Hummus & Flatbread |        | x                |                      |      |      |       | x    |         |      |         | x      |      |                 |
| Labneh & Flatbread          |        | x                |                      |      |      |       | x    |         |      |         | x      |      |                 |
| Bavette chimmichurri        |        |                  |                      |      |      |       |      |         |      |         |        |      | x               |
| Tri-tip with garlic, lemon  |        |                  |                      |      |      |       |      |         |      |         |        |      |                 |
| Onglet, herb salsa          |        |                  |                      |      |      |       |      |         |      |         |        |      | x               |
| Smoked Mac n Cheese         |        | x                |                      | x    |      |       | x    | x       |      |         |        |      |                 |
| Air Fried Chips, mayo       |        |                  |                      | x    |      |       |      |         |      |         |        |      | x               |
| Pork Belly Stew             |        |                  |                      |      |      |       | x    |         |      |         |        |      |                 |
| The Rancher Wrap            |        | x                |                      | x    |      |       | x    | x       |      |         |        | x    | x               |
| The Forager Wrap            |        | x                |                      | x    |      |       | x    |         |      |         |        |      |                 |
| Little Porker Wrap          |        | x                |                      | x    |      |       | x    |         |      |         |        |      |                 |
| Steak Lover Wrap            |        | x                |                      | x    |      |       | x    |         |      |         |        |      | x               |

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|---------------------------------|--------|------------------|----------------------|------|------|-------|------|---------|------|---------|--------|------|-----------------|
| Smokey Beans                    |        |                  |                      |      |      |       |      | x       |      |         |        | x    | x               |
| Steak & Chips                   |        |                  |                      | x    |      |       |      |         |      |         |        |      | x               |
| Mushroom & Chips                |        |                  |                      | x    |      |       |      |         |      |         |        |      | x               |
| Burger & Chips                  |        | x                |                      | x    |      |       |      |         |      |         |        |      | x               |
| Ranchers Gravy                  |        |                  |                      |      |      |       |      | x       |      |         |        | x    | x               |
| Chimmichurri                    |        |                  |                      |      |      |       |      |         |      |         |        |      | x               |
| Winter Greens                   |        |                  |                      |      |      |       |      |         |      |         |        |      |                 |
|                                 |        |                  |                      |      |      |       |      |         |      |         |        |      |                 |
| Dessert                         |        |                  |                      |      |      |       |      |         |      |         |        |      |                 |
| Rhubarb Pannacotta              |        | x                |                      |      |      |       | x    |         |      |         |        |      |                 |
| Toffee Apple Crumble Cheesecake |        | x                |                      |      |      |       | x    |         |      |         |        |      |                 |
| Chocolate Pot                   |        |                  |                      |      |      |       | x    |         |      |         |        |      |                 |